Life Skills

Year 9

Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Form \_\_\_\_\_\_\_\_\_\_\_\_\_\_

Welcome Back! and into Year 9 Life Skills

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have helped make my class write a ‘Working Together Agreement’ ground rules to help everyone feel safe to express themselves. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg[http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have reflected on making a smooth transition into Year 9 and discussed any worries. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt strategies when feeling anxious or worried. |  |
| 1. I have reflected on and identified staff I can go to for support. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt about the importance of School Rules & cooperation | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |

Life Skills

Year 9

Careers

Self Assessment, CV and Personal Statement

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have reflected on my life and the skills I have learnt and produced ‘Mr River of Life’. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt the difference between a ‘Skill’ and a ‘Quality’. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have reflected on, and identified, my skills and qualities. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have reflected on, and identified, skills and qualities I want to learn or to develop further. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have produced ‘My Shield’ using the information from above. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt that identifying my skills and qualities, and what I want to develop, will help me in my future and in matching a job that suits me. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have researched Skills and Qualities linked to various jobs using the website Kudos. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have begun writing my CV using the website Kudos. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have written a personal statement. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Rules and Laws, Crime and ASB

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt the difference between rules and laws. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about why we have laws. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about Laws and Police. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about the Government of the UK and the Houses of Parliament. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about the UK court system. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about anti-social behaviour. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about how anti-social behaviour affects others. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt strategies to lower my risk from anti-social behaviour. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg[http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about how to STOP Bullying | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt that Words Count (no use of word ‘Gay’ and other discriminatory words) |  |

Life Skills

Year 9

Relationships and Sexual Health

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt about different types of relationships. | 1. [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the positive qualities of a healthy relationship. | 1. [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the negative qualities of an unhealthy relationship. | 1. [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about having respect in all relationships. | 1. [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about how my emotions might change because of becoming a teenager and how to cope with challenging emotions. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt about how it is normal to have sexual feelings. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg[http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about attraction and managing my feelings. |  |
| 1. I have learnt about some of the different sexualities and genders people may have. | 1. http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt what appropriate behaviour is while in public and when in private. | 1. [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt strategies in resisting peer pressure. | 1. http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg[http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt that I have the right to say **no** to anything that makes me feel uncomfortable. |  |
| 1. I have learnt about how to keep myself safe in any relationship. | 1. http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt and understand the important of hygiene products, such as using deodorant daily. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg[http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned about contraception and taken part in a condom demonstration. |  |

Year 9

Life Skills

Citizenship - UNCRC!

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learned what Citizenship means. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learned that I am a citizen of many different communities. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learned to understand the difference between ‘Wants’ and ‘Needs’. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learned that ‘Needs’ are the things we need to be able to live a safe and healthy life. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learned that all the things we need to live a safe and healthy life are called ‘Rights’. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learned what the CRC stands for. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned that all children have ‘Rights’ and the adults that take care of us need to ensure our rights are met. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have about the different ‘Rights’ I am entitled to from the CRC and thought about which ones I think are most important. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt how Rights are linked to our school, home and life. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have shared what I have learned through making a PPT about Children’s’ Rights. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt what it means to be a ‘Rights Respecting School’. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt that I have a right to express my opinion in things that concern me, and this right is met through voicing my opinion in our School Council. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |

Life Skills

Year 9

Citizenship – Options & Yr 9 Residential

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt what my options are in Year 10 and 11. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the best ways to choose my options. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about how to prepare for going to on the Year 9 Residential. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have completed an evaluation of my time in on the Year 9 residential, skills learned and successes shared. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Health and Wellbeing

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt Health is more than diet and exercise. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what PIES means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt different things I can do to improve my Health and Wellbeing. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the benefits of a healthy lifestyle. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what having a ‘Healthy Diet’ means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt ways to help make my diet healthier. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the importance of exercise. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt Ways I can add exercise to my daily routine. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about issues to do with Mental Health. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about ‘Mindfulness’. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Equal Opportunities

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt that Equal Opportunities does not mean treating everyone the same. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt that Equal Opportunities means giving everyone the opportunities to have the same standard of living. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what ‘Discrimination’ means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what ‘Prejudice’ means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what ‘Stereotyping’ means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about different types of discrimination. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt why people discriminate. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about how to challenge discrimination and prejudice. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Daring to be Different

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt what self-esteem is. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt what self-awareness means. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt ways to build my self-esteem. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt, reflected upon and identified those things that make me special and unique. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have made a motto for myself. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about Emotional Literacy. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt ways to develop my Emotional Literacy. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt to share what I am proud of. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Money Matters

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt different forms of money. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt how to use different coins confidently. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt the characteristics of different money – size, shape, colour, value and design elements. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt to carry out simple transactions. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt to calculate the change to be given for different items. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt to identify and discussed different types of payment methods. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt how needs and wants are related to spending. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the difference between income and expenditure. |  |
| 1. I have learnt the problems of overspending. |  |
| 1. I have learnt the importance of saving money. |  |
| 1. I have learnt different ways of saving money |  |
| 1. I have learnt where to safely store my savings. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

British Values and Charitable Work

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learned about the geographical differences in Great Britain, British Isles and the United Kingdom of Great Britain and Northern Ireland. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned what values are. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned the difference between being British and British Values. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned the top 5 most important British Values are. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned what some of my values are and displayed it on my flag. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned the importance of having a school council and students having a say in the things that affect them. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learned the importance of contributing to charities. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |

Life Skills

Year 9

Keeping Safe in the Community

|  |  |
| --- | --- |
| Outcome | Student  Self-Assessment |
| 1. I have learnt about the risks of smoking | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the risks of taking drugs. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt about the risks of drinking alcohol. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. I have learnt the importance of keeping myself safe on the internet and when using social media. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. To have learned ways to keep myself safe when I am outside of school. | http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpghttp://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg |
| 1. I have learnt the importance of wearing seatbelts |  |
| 1. I have learnt the basics of first aid. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |
| 1. To have learnt how to keep my skin healthy, especially during the summer. | [http://ecx.images-amazon.com/images/I/21cM69XM3oL.jpg](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0CAcQjRxqFQoTCOrf64mMhskCFYIgDwod2ucEew&url=http://www.amazon.co.uk/assessment-multi-coloured-faces-stamp/dp/B00GN74EFG&psig=AFQjCNHqLeNqWikTk7m-nYAzG3WfNRkjsg&ust=1447253100355709) |